

# Important Terms

- **Older Americans Act (OAA)**
- **Administration for Community Living (ACL)**
- **State Unit on Aging (SUA)**
- **State Executive Office on Aging (EOA)**
- **State Policy Advisory Board for Elderly Affairs (PABEA)**
- **Area Agency on Aging (AAA):** Agency in each county that administers some publicly funded HCBS, and is responsible for local planning for aging needs
- **Planning and Service Area (PSA) – Hawaii County PSA4**
- **Hawaii County Office of Aging (HCOA)**
- **Committee on Aging (COA)**
- **Home and Community Based Services (HCBS)**
- **Kupuna Care (KC):** State funded program that provides some HCBS, for persons 60 years and older, operated in each county by its AAA
- **Long Term Supports and Services (LTSS),** (i.e., long-term care): may include institutional care (such as nursing facilities) and/or home and community based services (HCBS)
- **Title III:** Federal funding that pays for LTSS, for persons 60 years and older, operated by AAAs
- **Title IIIe:** Family Caregiver Support Program (FCSP)  
Caregiver and Care Recipient
- **Participant:** an individual who uses KC, Title III, or other public funded HCBS
- **Person-Centered:** Providing planning and supports that help meet goals that are important to the participant
- **No Wrong Door -** a collaborative effort among multiple agencies to coordinate supports for all people with disabilities (**NWD**)
- **Aging and Disability Resource Center (ADRC)**

# Hawaii County Office of Aging

## MISSION

As a designated Area Agency on Aging, the Hawaii County Office of Aging is part of a national network with a common mission – a mission with the goal of ensuring the dignity, independence, and the ability for older individuals to remain in their homes as long as possible. The Hawaii County Office of Aging will serve as the principle advocate for older individuals, caregivers and service providers to ensure the fulfillment of the mission entrusted to us.

## PHILOSOPHY

To ensure that all individuals, caregivers, service providers, and communities in Hawaii County have access and linkage to information resources, counseling services, short and long term care support options, and to be the advocate in aging and disability issues. The Hawaii County Office of Aging will be the “one stop” access point in Hawaii County for all aging and disability related issues.

## GOAL

To achieve our Mission and Philosophy, the Hawaii County Office of Aging will ensure the following functions:

- 1) Remove all barriers and perceptions that foster government distrust. Provide an environment that will be conducive in making it easier for older individuals, caregivers and their families, and other community entities to learn about, access, and participate in existing services and supports.
- 2) Provide a system of resources to empower individuals and caregivers with the tools to participate in the decision making process of their care. Develop and implement a follow up system to ensure consumers do not fall through the gap.
- 3) Participate and partner in the development of low-cost evidence based health prevention programs that have proven effective in reducing the risk of disease, disability and injury among the elderly and disability communities.
- 4) To be the leading representative and advocate in monitoring, evaluating, commenting on policies, programs, legislative hearings, and community action forums that impact the interest of our target consumers.
- 5) To enter into grants and contracts for the development and provision of services designed to effectively and efficiently meet the needs of the consumers we serve.
- 6) To develop and administer an Area Plan on Aging based upon community needs and input. To develop a long range planning strategy of 5 and 10 years based on social and demographic trends of older individuals within Hawaii County, and to continuously monitor the development of that strategy.
- 7) To develop and prepare a pre-disaster, during, and post disaster emergency response plan. To be ready to assist in coordinating, assessing, and to provide support to Civil Defense, County, and private agencies during times of disaster.

## VISION

The Hawaii County Office of Aging will become the identified community resource and advocate in Hawaii County on aging and disability issues.

## The Aging Network

The Older Americans Act of 1965 (OAA) established a national network of federal, state, and local agencies to plan and provide services that help older adults to live independently in their homes and communities. This interconnected structure of agencies make up the Aging Network.

Individuals 60 years of age and older are eligible for services under the OAA. Consumers who meet the greatest financial need (GFN) and greatest social need (GSN) criteria receive priority attention. The OAA, as amended, created the primary vehicle for organizing, coordinating, and providing community-based services and opportunities for older Americans and their families.

The Administration on Aging (AOA) is the lead Agency in the National Aging Network. The network includes 56 State Agencies on Aging, 622 Area Agencies on Aging, and more than 260 Title VI Native American aging programs. Many service providers and volunteer organizations support the aging network across the nation.

### Area Agencies on Aging

An Area Agency on Aging (AAA) is a public or private non-profit agency, designated by the state to address the needs and concerns of all older persons at the regional and local levels. "Area Agency on Aging" is a generic term—specific names of local AAAs may vary. AAAs are primarily responsible for a geographic area, also known as a Planning Service Area (PSA) that is either a city, a single county, or a multi-county district. AAA's may be one of the following, a county, city, regional planning council or council of governments, private, or non-profit.

Area Agencies on Aging coordinate and offer services that help older adults remain in their homes - if that is their preference - aided by services such as Meals-on-Wheels, homemaker assistance, and whatever else it may take to make independent living a viable option. By making a range of options available, AAAs make it possible for older individuals to choose the services and living arrangements that suit them best.

Area Agencies on Aging (AAA) are a resource for elderly and disabled individuals. The goal of these agencies is to help elderly and disabled individuals remain in their own home and community for as long as possible, able to make their own decisions and retain their independence.

### Aging and Disability Resource Centers

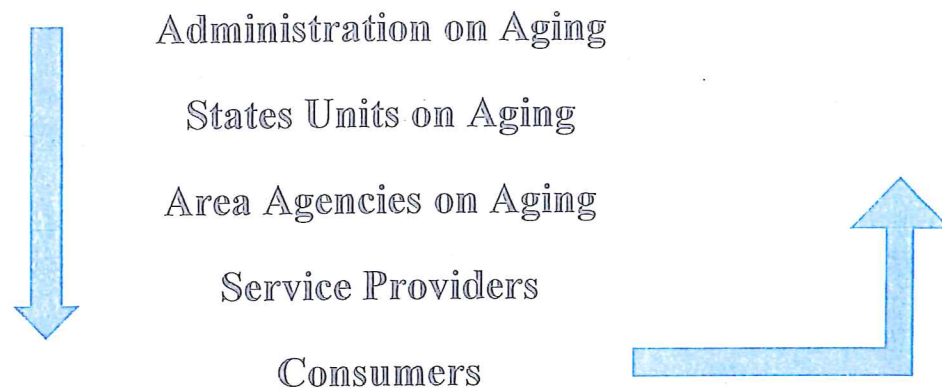
The Aging and Disability Resource Center (ADRC) initiative, is a collaborative effort of the U.S. Administration for Community Living, the Centers for Medicare and Medicaid Services, and the Veterans Health Administration, and designed to streamline access to long-term care. Launched in 2003, the ADRC initiative supports state efforts in better coordinating and integrating their existing access functions to create a new interface between consumers and the long-term care system. States developed local community centers that make it easier for older adults and individuals with disabilities to learn about and quickly access the long-term services and supports that best meet their needs.

ADRC programs provide information and assistance to individuals needing either public or private resources, professionals seeking assistance on behalf of their clients, and individuals planning for their future long-term care needs. ADRC programs also serve as the entry point to publicly administered long-term supports including those funded under Medicaid, the Older Americans Act, and state revenue programs.

ADRCs support consumer-friendly entry points into long-term care at the community level. The ADRC vision grew out of best practice innovations known as "No Wrong Door" (NWD) and "Single Points of Entry"

programs, where people of all ages could turn for objective information and one-on-one assistance on their options. This effort help states make better use of taxpayer dollars by streamlining access to community services and supports (both publicly and privately funded) and diverting individuals from more costly forms of care, including institutional care and unnecessary hospital re-admissions. These systems are a key component in transforming states' access systems to long-term services and support programs.

The Aging and Disability Resource Center (ADRC) is a trusted source of information where people of all ages, abilities and income levels - and their caregivers - can go to obtain assistance in planning for their future long-term service and support needs.



Federal, State, & County Funding flows down

Bottoms up planning – 4 year Area Plan

### Services Available

States and communities offer a range of supportive services to residents 60 years of age and over. Local Information, assistance programs, and/or Area Agencies on Aging can assist older adults and their families in locating the services they need. Some of the services available include:

- **Adult Day Care:** Adult Day Care Centers offer social, recreational, and health-related services to individuals who cannot be alone during the day because of health and social needs, confusion, or disability.
- **Caregiver Programs:** The National Family Caregiver Support Program provides programs and services for caregivers of older adults and limited services to grandparents raising grandchildren.
- **Case Management:** Case managers work with older adults and family members to assess, arrange, and evaluate supportive efforts to maintain independence.
- **Elder Abuse Prevention Programs:** Allegations of abuse, neglect, and exploitation of senior citizens are investigated by highly trained protective service specialists. Intervention is provided in instances of substantiated elder abuse, neglect, or exploitation.
- **Financial Assistance:** Benefit counseling programs that can be accessed through the Information and Referral/Assistance Specialist at local Area Agencies on Aging.
- **Home Health Services:** Home health care includes activities such as changing wound dressings, checking vital signs, cleaning catheters, and providing tube feedings.
- **Home Repair:** Programs that help older adults keep their homes in good condition before any problems become major. Volunteers may visit a home to patch a leaky roof, repair faulty plumbing, or insulate drafty walls.
- **Home Modification:** Programs that provide housing adaptations and/or renovations to increase ease of use, safety, security, and independence. Some local, state, Federal, and volunteer programs provide special grants, loans, and other assistance for modifications.
- **Information and Referral/Assistance Information Services (I&R/A):** Information Specialists are available to provide guidance and connections to available services and resources.

- **Legal Assistance:** Legal advice and representation is available for certain legal matters, including government program benefits, tenant rights, and consumer problems.
- **Long-Term Care Ombudsman Program:** Long-Term Care Ombudsmen are advocates for residents of nursing homes, board and care homes, assisted living facilities, and similar adult care facilities. They work to resolve problems of individual residents and effect change at the local, state, and national levels to improve resident care and quality of life.
- **Nutrition Services:** Home-delivered meals, popularly known as Meals on Wheels, are nutritious meals delivered to older adults who are homebound. Congregate meals provide opportunities for people to enjoy a meal and socialize with other seniors in their communities.
- **Personal Care:** Personal care services assist individuals with functional impairments to bathe, dress, shop, walk, housekeep, and eat. Services also include general supervision, provision of emotional security, and assistance with securing health care from appropriate sources.
- **Respite Care:** Respite is a specific period of relief or rest from the continual supervision, companionship, therapeutic, and/or personal care of a person with a functional impairment.
- **Senior Housing Options:** Assisted living, retirement communities, nursing facilities, government-assisted housing and shared housing.
- **Senior Center Programs:** Senior Centers offer a variety of recreational and educational programs, seminars, events, and activities for older adults with varying activity levels.
- **State Health Insurance Counseling and Assistance:** Paid professionals and trained volunteers offer unbiased, one-on-one counseling to help consumers understand their Medicare benefits and resolve billing problems. They also address issues related to supplemental insurance and long-term care insurance options.
- **Telephone Reassurance:** Provides regular contact and safety check by trained volunteers to reassure and support senior citizens and disabled persons who are homebound.
- **Transportation:** Door-to-door transportation for older adults and people with disabilities who do not have private transportation and are unable to utilize public transportation.
- **Volunteer Services:** There are numerous programs and opportunities available for older adults to volunteer in their community such as meal delivery, daily telephone reassurance, friendly visiting, and insurance counseling.

ADMINISTRATION  
FOR COMMUNITY  
LIVING (ACL)

HAWAII STATE  
DEPARTMENT  
OF HEALTH  
(DOH)

EXECUTIVE  
OFFICE ON  
AGING (EOA)

POLICY ADVISORY  
BOARD FOR  
ELDER AFFAIRS  
(PABEA)

HAWAII  
AGING  
NETWORK

STATE HEALTH  
INSURANCE  
ASSISTANCE  
PROGRAM  
(HAWAII SHIP)

SENIOR  
MEDICARE  
PATROL  
(SMP HAWAII)

LONG-TERM CARE  
OMBUDSMAN  
PROGRAM (LTCBP)

AREA AGENCIES  
ON AGING (AAAs)

KAUAI (KAEA)  
HONOLULU (EAD)  
MAUI (MCOA)  
HAWAII (HCOA)

LONG-TERM CARE SERVICES & SUPPORTS

# Hawaii's Aging Network

Aging Network addresses  
the needs of older adults,  
caregivers, and persons  
with disabilities.

# How The Aging Network Helps 11 Million Seniors And Their Caregivers Remain At Home Through Community Based- Services and Supports

