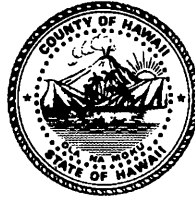


Susan L.K. Lee Loy
Council Member
District 3



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HAWAI'I COUNTY COUNCIL
25 Aupuni Street, Hilo, Hawai'i 96720

COUNTY CLERK
COUNTY OF HAWAII
2017 NOV 13 AM 10:47

MEMORANDUM

DATE: November 13, 2017

TO: Valerie T. Poindexter, Council Chair; and
Members of the Hawaii County Council

FROM: *SL* Susan L.K. Lee Loy, Council Member

SUBJECT: Regarding Communication No. 587: PowerPoint presentation from Hawai'i
Public Health Institute.

Attached are the slides for a PowerPoint presentation that will be provided relating to Communication No. 587. The Hawai'i Public Health Institute will be giving "Multimodal Transportation: Opportunities to Improve and Support Community Health," alongside a presentation from PATH Hawai'i, which attached to a separate communication.

Please distribute this for the Public Works and Parks and Recreation Committee on November 14, 2017.

SL:ps
Att.

Comm. No. 587.2
Ref. To: PIPWPKC
Ref. Date NOV 14 2017



Multimodal Transportation: Opportunities to improve and support community health

November 14, 2017
Hawai'i County Council Meeting
Hawai'i Public Health Institute



Overview

- HIPHI – Who We Are
- HEAL: Healthy Eating and Active Living
- Built environment: improving physical activity and health
- Policies to promote active living
- Opportunities



COALITION
for a
TOBACCO-FREE
HAWAII

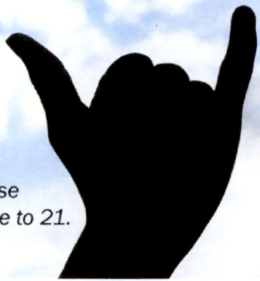
Since 1996 – More than 20 years of advocating to reduce tobacco use and eliminate exposure to secondhand smoke





Congratulations Hawaii!

The first state to raise
the tobacco sale age to 21.



First County in HI to Raise the Age of Sale to 21~1st State in the NATION





Healthy Eating and Active Living

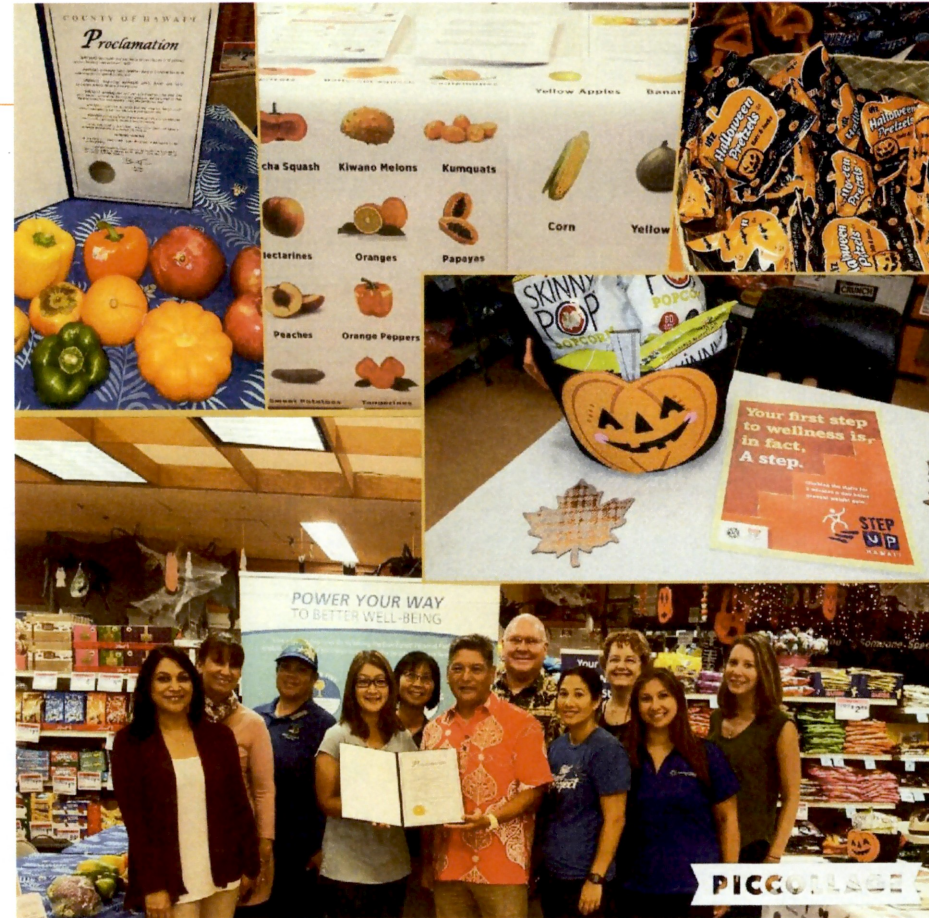


Healthy Eating Active Living

H.E.A.L. community coalitions who are engaged & advocate for systemic changes -Hawai'i residents may participate in a lifestyle of healthy eating & active living.

2006 convening of Hawai'i stakeholders statewide led to the creation of NPAC's.

Get Fit Kauai, NPAC Maui established coalitions. Hawai'i County HEAL is part of - Blue Zones Project, Diabetes Coalition, HBFT, PATH, HIRHA and more.







CHOOSE HEALTHY NOW

Feast ON SALAD!

Salads are a great way to get a variety of nutrients in one tasty meal.

TIP:
Choose a salad with colorful vegetables, topped with lean protein like chicken, fish, or beans.

START Living HEALTHY



CHOOSE HEALTHY NOW

Delicious & Nutritious

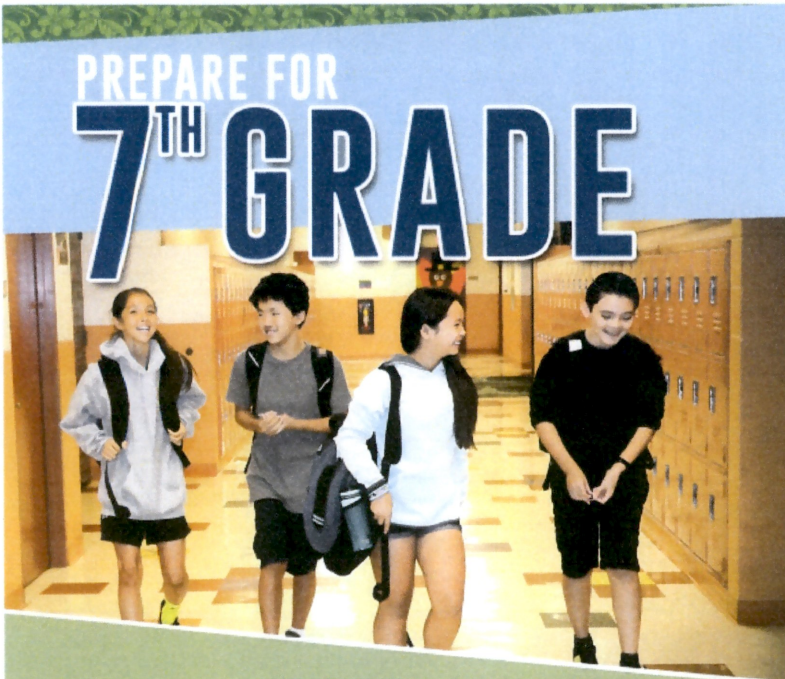
Pick low-fat yogurt to help supercharge your immune system!

TIP:
Top plain yogurt with fresh fruit to add a burst of flavor.

START Living HEALTHY

Obesity Prevention Task Force

- Senate Bill 2778 - became Law July 2012 – Created Childhood Obesity Prevention Task Force.
- Each year, the Task Force pursues a legislative agenda to decrease consumption of sugary drinks, improve access to healthy food, and improve the built environment and physical activity.




**PREPARE FOR
7TH GRADE**

Starting in the **2017-2018** school year, all students entering 7th grade need to have a physical exam. (Act 119, law passed in 2016)

THINGS TO KNOW:

- The physical exam should be done within 12 months before the start of 7th grade by a doctor, nurse, or other healthcare professional.
- Let the school know if you need more time because of scheduling.
- Form 14 should be filled out by the doctor's office and brought to school when you register your child for 7th grade.
- Use the physical exam as a time for you and your child to ask the doctor or nurse questions about teen health and wellness issues.

For more information, visit www.hawaiipublicschools.org and search for "Physical Exam"





Peoples Advocacy for Trails Hawai`i (PATH):

- West Hawai`i Alii Drive Initiative
- WayFinding – signage to connect walking groups to “Royal Footsteps Along the Kona Coast”
- Linkage to Community Clinic Diabetes Prevention Programs

Downtown Hilo Multimodal Master Plan:

Open for comment -3/6/2017

- <http://hawaiicountycompletestreets.com/>

Hilo Bay Front Trail Project:

- Coastal Path development
- WayFinding signs-in progress
- Linkage to state trails and parks, UH Hilo-future plans



Perspectives on Community Health





Improving the Built Environment for Community Health

Healthy Policies for a Healthy Hawai'i

HEALTHY HAWAII VISION 2020



WE NEED YOUR SUPPORT!

Healthy Communities Physical Activity

- Complete Streets implementation
- State & county level goals for active transportation
- Health impact assessments
- Secured bike parking at state events & locations

Healthy Communities Nutrition

- Food systems task force
- More support for locally produced, healthy foods
- Institutional policies for access to healthy food & drink options
- Guidelines for healthier kids' meals
- Warning labels on sugar-sweetened beverages
- Sugar-sweetened beverage fee to fund public education

Healthy Schools

- Student fitness assessments in grades 5, 7, & 9
- Increase Health & PE requirements for middle school grades
- Strengthen wellness in child care licensing requirements
- Additional school physical exam requirements
- Nutrition & agriculture curriculum in all grades

Healthy Worksites

- State level worksite wellness policy
- Paid family leave
- State health risk assessment

Health Care Systems

- Reimbursement for preventive care



START LIVING HEALTHY



Presented as a public service by the Hawaii State Department of Health. This concept map represents the policy priorities proposed by 140 statewide partners and experts at the 2015 State Physical Activity and Nutrition Forum May 28, 2015, Hilton Waikiki Beach Hotel, Honolulu, Hawai'i.

Hawaii Health Snapshot

23.8%

Adult obesity rate
40.8% for Native
Hawaiians

11%

Hawaii workers
commuting by active
transportation

70%

Middle schoolers that
do not meet national
physical activity
recommendations

1st

Hawaii ranking for
most dangerous state
for pedestrians over
age 65

Hawaii County Health Rankings

■ Kaua'i ■ Hawai'i ■ Maui ■ Statewide

Access to Physical Activity



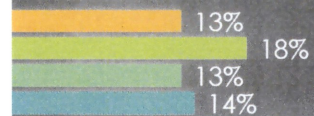
Physical Inactivity



Adult Obesity



Adult Smoking



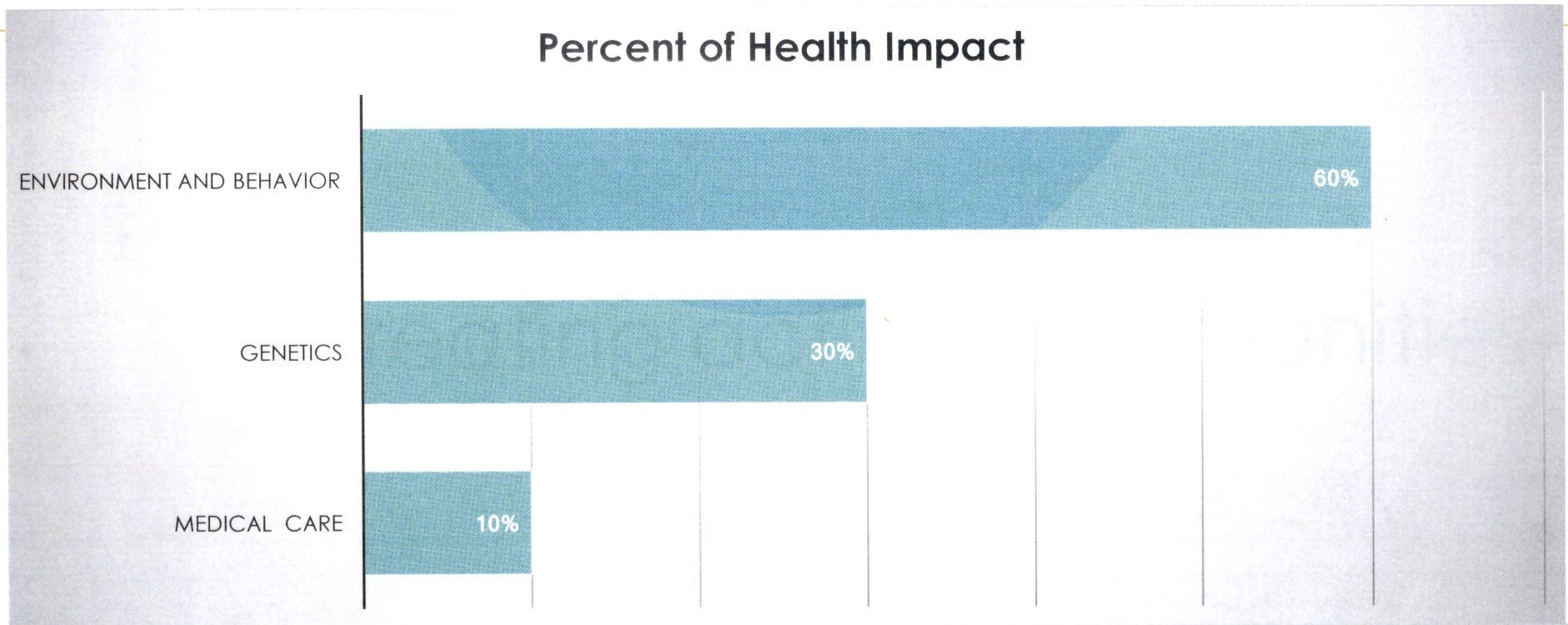
Hawaii County Health 2017

- Diabetes prevalence in adults = 8.3%
- Asthma prevalence in adults = 9.9%
- Percent of adults with more than one chronic condition = 63%
- Percent of adults who are overweight = 32.2%
- Percent of adults not engaging in physical activity = 23.8%

Behavioral Risk Factor Surveillance System, 2015



What Determines our Health?



Creating active communities



Complete Streets

considers the needs of all users in all transportation projects incorporating walking, bicycling, public transportation, and driving.



Safe Routes to School

enable more children to safely walk and bike to school



Shared Use of School Facilities

agreements allow schools to share their physical activity facilities (gyms, running/walking tracks, multi-purpose rooms) with the community for recreation and exercise opportunities.



Smart Growth Design

Developers try to connect essential services like schools, fitness facilities, and stores closer to homes to encourage walking and provide green spaces for recreation.



Other physical activity opportunities

Funding multimodal transportation



GET Increase

- SB4, Rail Bill – Special Session
- Authorizes a county to adopt via ordinance a surcharge of up to a half percent (0.05%) on state tax before 3/31/2018
- Can be used only for operating or capital costs for public transportation systems, including public roadways or highways, public buses, trains, ferries, pedestrian paths or sidewalks or bicycle paths

TIGER Funding



Transportation Alternatives Program

- Moving Ahead for Progress in the 21st Century (MAP-21), which was signed into law by President Obama on July 6, 2012
- Reimbursement program - all project costs must be paid for locally, and then appropriate documentation may be submitted for up to 80 percent Federal reimbursement of those costs
- In Hawaii, the Oahu Metropolitan Planning Organization (OahuMPO) shall select projects, in consultation with the Hawaii Department of Transportation (HDOT), for use of the portion of the sub-allocated funds for areas with more than 200,000 people

State	Safe Routes to School Program			Transportation Alternatives Program					
	Funding Available (FY05-FY12)	Total obligated	Percent Obligated	Funding Available (FY13-17)	Total Transferred/ Lapsed by State	Total Obligated	Percent Obligated	Change from prior quarter	Funds Lapsing on 10/1/17
ALABAMA	\$17,309,568	\$17,130,944	99%	\$ 75,129,554	\$ 2,000,000	\$ 37,008,713	51%	\$2,041,596	\$0
ALASKA	\$8,478,237	\$8,478,237	100%	\$ 24,516,306	\$ 7,674,789	\$ 8,023,160	48%	\$5,646,056	\$0
ARIZONA	\$22,013,589	\$14,124,823	64%	\$ 74,603,753	\$ 22,899,998	\$ 23,560,478	46%	\$3,919,291	\$0
ARKANSAS	\$10,985,371	\$9,234,914	84%	\$ 46,472,398	\$ 4,872,189	\$ 14,788,952	36%	\$4,542,720	\$0
CALIFORNIA	\$137,155,013	\$130,763,803	95%	\$ 333,593,817	\$ -	\$ 247,819,358	74%	\$60,097,851	\$0
COLORADO	\$16,878,549	\$13,391,313	79%	\$ 51,021,676	\$ 10,110,027	\$ 33,268,113	81%	\$7,718,357	\$0
CONNECTICUT	\$13,122,583	\$10,178,646	78%	\$ 40,086,205	\$ 19,986,165	\$ 9,896,109	49%	\$3,292,136	\$0
DELAWARE	\$8,145,330	\$7,700,994	95%	\$ 13,478,766	\$ -	\$ 9,592,896	71%	\$1,009,621	\$0
DIST. OF COLUMBIA	\$8,140,507	\$8,140,507	100%	\$ 11,511,843	\$ -	\$ 4,706,107	41%	\$840,712	\$0
FLORIDA	\$58,239,336	\$57,224,862	98%	\$ 243,920,410	\$ -	\$ 226,843,438	93%	\$12,338,564	\$0
GEORGIA	\$34,111,703	\$31,725,900	93%	\$ 155,340,465	\$ 78,646,353	\$ 26,926,683	35%	\$7,045,586	\$4,361,239
HAWAII	\$8,122,668	\$2,542,571	31%	\$ 13,080,295	\$ 39,598	\$ 5,469,200	42%	\$3,857,840	\$0
IDAHO	\$8,033,682	\$5,937,915	74%	\$ 18,822,756	\$ 1,851,029	\$ 14,150,440	83%	\$1,613,662	\$0
ILLINOIS	\$47,009,829	\$39,304,657	84%	\$ 135,426,743	\$ 20,293,395	\$ 83,818,940	73%	\$472,566	\$0
INDIANA	\$23,399,380	\$21,008,005	90%	\$ 105,840,424	\$ -	\$ 101,428,847	96%	\$11,296,240	\$0
IOWA	\$11,419,586	\$9,410,453	82%	\$ 44,410,647	\$ 19,726,986	\$ 19,695,540	80%	\$2,075,363	\$0
KANSAS	\$11,031,299	\$10,704,522	97%	\$ 45,949,005	\$ 2,503,000	\$ 29,367,350	68%	\$10,838,613	\$0

MAHALO!

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Hawaii Public Health Institute



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