

# COUNTY OF HAWAI'I

## *Proclamation*

**WHEREAS** over 154,000 people in Hawai'i are family caregivers for their loved ones; and

**WHEREAS** caregivers are superheroes - managing medications, getting to doctor appointments, and balancing work and home; and

**WHEREAS**, with elderly loved ones aging at home, safety and security must be the first priority; family caregivers can use tech tools to help keep kupuna safe, maintain their independence, and relieve some of their worries; and

**WHEREAS**, accessing patient medical records online is getting easier and more powerful every day; millions of family caregivers have already accessed their loved one's online medical records to improve care; and

**WHEREAS**, managing medications is the most important daily responsibility of a family caregiver as patients may have more than one illness and have to take several medications, tech tools are an easy, safe way to track medications; and

**WHEREAS** caregiving is overwhelming, and with the responsibility of family caregivers in our country growing every year, it is even more essential to encourage family caregivers to take advantage of apps to streamline their tasks so they can make caregiving a bit less stressful and continue their mission of providing the loving care that only they can provide.

**NOW THEREFORE I**, Mitchell D. Roth, Mayor of the County of Hawai'i do hereby proclaim, November 2022, as:

### **NATIONAL FAMILY CAREGIVERS' MONTH "Caregiving Happens"**

in the County of Hawai'i and urge the residents of our community to recognize and honor family caregivers across our Island.

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused The Seal of the County of Hawai'i to be affixed. Done this 1<sup>st</sup> day of November 2022, in Hilo, Hawai'i.



A handwritten signature in black ink, appearing to read 'Mitchell D. Roth', is written over the printed name.

**MITCHELL D. ROTH  
MAYOR**