

COUNTY OF HAWAI‘I

Proclamation

WHEREAS navigating life with a mental health condition can be tough, and the isolation, blame, and secrecy that is often encouraged by stigma can create challenges to reaching out, getting needed support, and living well; and

WHEREAS 1 in 5 Americans live with a mental health condition and each has their own story, path, and journey; and

WHEREAS many people experience suicidal crisis or mental health related distress without the support and care they need. In August 2022 Congress rolled-out the new “988” dialing code to connect directly to the Suicide and Crisis Lifeline; and

WHEREAS the National Alliance on Mental Illness (NAMI) started as a small group of families in 1979 and blossomed into the nation’s leading voice on mental health, with as alliance of affiliates who work within the community to raise awareness and provide support and education; and

WHEREAS on October 8, 2022, NAMI / WALKS Fall United Day of Hope will sponsor an event at Lili‘uokalani Park in Hilo, Hawai‘i, to magnify mental health awareness, build the NAMI community, and recognize the families and volunteers dedicated to building better lives for the millions of Americans affected by mental illness.

NOW THEREFORE, I, MITCHELL D. ROTH, Mayor of the County of Hawai‘i, do hereby proclaim October 8, 2022, as

MENTAL HEALTH AWARENESS DAY

in the County of Hawai‘i and invite the citizens of Hawai‘i County to walk with us on October 8, 2022, as a great way to help increase understanding of the complexity of mental illness. Through these events we can expel myths, educate the public and show support for mental health awareness.

IN WITNESS WHEREOF, I have hereunto set my hand and caused The Seal of the County of Hawai‘i to be affixed. Done this 8th day of October 2022, in Hilo, Hawai‘i.



A handwritten signature in black ink, appearing to read "M D Roth".

MITCHELL D. ROTH
Mayor